



# Carlton Trail Ski Club

## Club Information

### 2023-2024

(updated Sept. 21, 2023)

**Humboldt's Carlton Trail Ski Club (CTSC)** was formed on Nov. 11, 1976. The club is a Nordic or cross country ski club which grooms and maintains approximately 4 km of classic and 4 km of skate ski trails at the Humboldt Golf Course as well as approximately 17 km of classic and 5 km of skate ski trails at the CTSC's Dixon site (about 18 km northwest of Humboldt). It also has dedicated snowshoe trails. In the summer and fall, the club also maintains beautiful walking/hiking trails at Dixon. There is a clubhouse on site at the Dixon trails. The clubhouse is open during ski season (closed in the spring/summer/fall), is hooked up to power; is heated on winter weekends, and is typically manned on weekends and holidays.

**Golf Course Trails:** The cross country classic and skate trails on Humboldt Golf Course are perfect for any level of skier, including the beginner (few elevation changes). Generally speaking, there are two loops. The inside loop (1.5 km) stays in the trees and thus is nicely sheltered on windier days. The outside loop (3.2 km) follows the inside loop, then extends south out of the treed area (toward the Co-op C-Store and gas bar on Highway 5 and back). The trailhead is on tee box #10, which is south and west from the golf course clubhouse.

Snowshoeing on the golf course can be done on the extreme edge of the skate trail, but no snowshoeing should happen on the classic trails or on the middle of the skate trails. Snowshoers can also go off trail throughout the golf course.

The Humboldt Golf Club clubhouse is open and operating this winter. The golf club clubhouse is operated by Humboldt Golf Club and is not operated by nor affiliated with the CTSC. For times and for services at the golf club clubhouse, please contact the golf club directly at 306-682-2833.

To get to the golf course parking lot, turn north off Highway 5 on the golf course access road just a little west of the Peavey Mart road and a little east of the caboose at the Historical Park.

Please note that the golf course is not open to the public for walking/hiking while the golf club itself is still in operation (typically May to October).

**Dixon Trails:** The cross country classic and skate trails, the dedicated snowshoe trails, and the summer/fall walking/hiking trails at Dixon are set in wooded and rolling terrain. Intermediate and advanced skiers, snowshoers, and summer/fall walkers/hikers will find these trails very much to their liking as there are many climbs, turns, and for skiers, long runs. Less experienced skiers and walkers/hikers can choose from less challenging trails as well, including a beginner (flat) classic ski and skate trail in the field just north of the clubhouse and the Jackrabbit (ski and skate) Trail (hilly, but short) just south of the clubhouse. The main **skate ski trail** is located across the road from the clubhouse (south side of the road), while the main **classic ski trails** wind their way through land on both sides of the road.

For summer/fall walkers/hikers, there are three trails (Trail 3, Trail 4, and Trail 5). Trails 4 and 5 are longer and include more hills.

The Dixon trails are located 18 km northwest of Humboldt city center. From downtown Humboldt, go 10 km west on Hwy 5 and turn north (right) on the grid closest to (and just east of) the Pioneer Inland Terminal. There is a little blue cross country ski highway sign there. **Do not take Dixon Road – take the next road just west of Dixon Road.** If coming from west of Humboldt, turn north (left) on the grid just after the Pioneer Inland terminal. There is a little blue cross country ski highway sign there. After turning off Hwy 5, proceed 6.4 km north. Here you will see a green and white CTSC sign to your left. Turn left (west). About 1.5 km down this road, you will see the clubhouse (a former one-room school house) on your right.

The Dixon site has a clubhouse which is open during ski season, is heated on weekends during ski season, has electricity, and will be manned on most weekends and holidays during the ski season. There is, however, no running water. **The bathroom facility at the clubhouse is newly-built modern outhouse.** During ski season, it will be heated by a portable heater on most weekends and holidays. There are also three warm-up shacks along the north classic ski trails, and each warm-up shack site has an outhouse.

Maps, payment information, and information on the trails themselves can be found on the CTSC website at <https://carltontrailskiclub.weebly.com>.

**Memberships** entitle users to unlimited use of the trails at the golf course (ski season) and the trails at Dixon (all seasons) to Dec. 31, 2024. There is also a daily trail fee for non-members (see further below for details). Collected memberships and daily trail fees allow the club to continue to maintain and improve trails, facilities, and grooming equipment in order to provide our members and guests with a great experience. Memberships and daily trail fees are also necessary for legal and liability purposes.

Membership registration and payment **must be done online** (payment by credit card) at <https://zone4.ca/register.asp?id=33039>. A helpful instruction sheet can be found on our website or can be requested via e-mail ([carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com)).

**2023-2024 CTSC Membership Rates** (CTSC memberships are valid to Dec. 31, 2024):

**\$72.00\*** – Adults

**\$42.00\*** – **First Child/Youth** in family (born 2006 or later)

**\$32.00\*** – **Each subsequent Child/Youth** in family (born 2006 or later)

\*Plus online transaction fee.

**Daily Trail Fees** apply to **non-members**. This is for cost-recovery reasons, but also for legal and liability purposes (you become a “member for a day”). We ask that all non-member land/trail users either

- a) Sign in at the clubhouse
  - a. Spring/summer/fall – look for the pedestal by the propane tank, open up the top and you will find the sign-in binder.
  - b. Ski season – enter the clubhouse and sign-in to the binder
- b) Alternately, sign the day-user waiver at <https://carltontrailskiclub.weebly.com/day-passes.html>.

Payment can be made:

- a) To the person manning the clubhouse, should the clubhouse be open,
- b) By e-transfer to [carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com), or
- c) By cash (black drop boxes are located on a tree at the trailhead at the golf course and on the clubhouse deck area at Dixon).

For **group rate** info, contact Brian Grest (306-231-8284; [carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com)).

**2023-2024 Daily Trail Fee Rates** (e-transfer or cash drop box at both sites):

**Dixon (ski season): \$10.00 – Adult**  
**\$ 5.00 – Youth** (born 2006 or later)

**Dixon (off-season): \$ 5.00**

**Golf Course (ski season): \$ 5.00**

**Trail Usage:** Use of any of the trails groomed, cut, and/or maintained by the Carlton Trail Ski Club involves risk, and all authorized users assume that risk. Many of the trails are cut through natural habitat where there is wildlife present, and the terrain can be challenging, so utilizing any of the trails is at your own risk. All users must also be aware of hunting seasons and take all necessary precautions (e.g. brightly-colored clothing) when using the trails during hunting seasons.

The use of unauthorized motor vehicles on land owned by the Carlton Trail Ski Club is strictly prohibited.

Hunting on land owned by the Carlton Trail Ski Club requires express permission from the Club.

**DIXON, SKI SEASON** – We groom both **classic and skate cross country ski trails** and pack a dedicated **snowshoe trail**. *We will allow **fat-biking** in winter with express permission only (tires must be at least 3.7” wide, tires deflated to about 5 psi or less so as not to sink into the trail, and the fat-bikers stay on the extreme edge of the groomed/packed trail and never down the middle).*

**DIXON, OFF-SEASON** – We cut and maintain beautiful trails to accommodate **hiking, biking, and trail running** through the **summer and fall**. Terrain and footing can be uncertain. CTSC membership or daily trail fees (see above) are required, and all authorized users assume all risk.

**GOLF COURSE, SKI SEASON** – We groom both **classic and skate cross country ski trails**. We also allow **snowshoeing** on the groomed ski trails, as long as snowshoers remain on the extreme edge of the groomed/packed trail, and on the side furthest away from the classic trail (two parallel grooves cut into the snow). Snowshoers are also welcome to go off trail.

**GOLF COURSE, OFF-SEASON** – we do not have access to the golf course in the off-season (because it is golf season).

**Ski Trail Grooming Updates: \*NEW\*** – Our ski grooming updates will be posted on **Nordic Pulse**. This is a great platform because in addition to staying up to date with the ski grooming activities of our club, almost all of the cross country ski clubs in the province (and most of Canada) are using it. It provides one place to see the trail reports for anywhere you want to ski.

You can find our trails a) on our website or b) by clicking these links:

Dixon: <https://nordic-pulse.com/ski-areas/CA/SK/Carlton-Trail-Dixon>

Golf Course: <https://nordic-pulse.com/.../SK/Carlton-Trail-Ski-Club-Golf>

If uncertain about current trail conditions even after checking our website or Nordic Pulse, feel free to e-mail us ([carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com)) or text Brian Grest (306-231-8284) and we will try to get you as current information as possible based on what information we can gather for you.

**Trailforks App – Trail Database and Maps:** Our Dixon trails are all mapped out on the Trailforks app. This app is free and available on the app store on your phone.

**Cross Country Ski Equipment:** The CTSC lends entry-level ski equipment to all 2023-2024 members at **no cost** (subject to availability; must be returned in April, 2024).

Thanks to grants from the **1989 Jeux Canada Games Foundation**, the CTSC is now able to lend **high quality ski equipment** to those members registered in our **Bunnyrabbit, Jackrabbit, and YAC Programs** (see below) at **no cost** (subject to availability; refundable damage deposit applies).

High quality ski equipment is available for **rent** to any child and youth members that are not part of the CTSC Child and Youth Programs (subject to availability; refundable damage deposit applies). Please e-mail [carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com) for details.

Non-members and groups wanting to rent entry-level or high quality ski equipment can e-mail [carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com) for details. Equipment is subject to availability.

Please note that all CTSC ski equipment lent or rented for the 2023-2024 season must be returned to the club in April, 2024.

**Lessons** are available to both **individuals** and **groups**. See below for CTSC Child and Youth Programs (lessons). To inquire about all other lesson bookings (single lesson, group lessons, adult lessons, etc.) and rates, please contact Brian Grest (306-231-8284; [carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com)).

## **Child and Youth Programs (all programs subject to limited enrollment numbers):**

**Bunnyrabbits** and **Jackrabbits** are learn-to-ski (*or continue-to-learn-to-ski*) programs. Bunnyrabbits are typically aged 4-7. We require that each Bunnyrabbit be accompanied by a parent or guardian for the duration of each session (on skis if possible). Jackrabbits are typically aged 7-11. We encourage each Jackrabbit be accompanied by a participating parent/guardian for the duration of each session.

Thanks to a grant from the **1989 Jeux Canada Games Foundation**, **high quality ski equipment will be available at no cost** to all who are registered in the 2023-2024 Bunnyrabbit, Jackrabbit, and YAC programs (subject to class size limits and equipment availability; refundable damage deposit applies). The equipment must be returned to CTSC in April, 2024.

There will be six sessions each for Bunnyrabbits & Jackrabbits, and they will take place at the Humboldt Golf Course. The lesson day for this ski season has not yet been set (has typically been Mondays, but still TBD for this winter). Times are typically 4:15 – 4:45 for Bunnyrabbits and 4:30 – 5:15 for Jackrabbits. The first session will take place when the snow conditions are ready, typically late November or early December, and will continue in each week where weather and trail conditions permit until six sessions have been attained. Bunnyrabbits and Jackrabbits are also welcome to take part in Club events throughout the season.

**Youth Adventure Club (YAC)** is for the more experienced skiers aged approximately 12-18 who are capable of longer, more challenging, and more varied outings. Sessions will take place on various Sundays (and possibly other days) at the Dixon trails and at other ski sites. YACs are also welcome to take part in Club events throughout the season.

Thanks to a grant from the **1989 Jeux Canada Games Foundation**, **high quality ski equipment will be available at no cost** to all who are registered in the 2023-2024 Bunnyrabbit, Jackrabbit, and YAC programs (subject to class size limits and equipment availability; refundable damage deposit applies). The equipment must be returned to CTSC in April, 2024.

**2023-2024 Child and Youth Program Rates (all participants must also be CTSC members):**

**\$35.00\*** (+ \$42.00 CTSC Membership Fee) – **First Child/Youth** in family (born 2006 or later)

**\$35.00\*** (+ \$32.00 CTSC Membership Fee) – **Each subsequent Child/Youth** in family

\*Plus online transaction fee; includes free use of CTSC equipment until April, 2024

**The Ski *Fast!* Program** is for skiers who want to learn to ski faster and refine their techniques in a more technical manner. There will be no actual race team this year. Please contact Troy Gullacher for further information (306-287-7000; [tgullacher@live.com](mailto:tgullacher@live.com)).

**Club Activities and Events:** Throughout the season, CTSC hosts a number of activities (Adult Night Skis, Family Moonlight Skis) and events (e.g. Valentine’s Loppet, “try skiing” and “Cross Country Skiing 101” sessions, Family Day). For more information on club activities and events, download the 2023-2024 CTSC calendar from our website (once completed) or contact Brian Grest (306-231-8284; [carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com)).

**Contact Information** (direct all general inquiries to [carltontrailskiclub@gmail.com](mailto:carltontrailskiclub@gmail.com)):

Club (Acting) President	Jackie Flavel	306-231-6026	<a href="mailto:k.jflavel@sasktel.net">k.jflavel@sasktel.net</a>
Memberships	Brian Grest	306-231-8284	<a href="mailto:carltontrailskiclub@gmail.com">carltontrailskiclub@gmail.com</a>
Activities & Events	Brian Grest	306-231-8284	<a href="mailto:carltontrailskiclub@gmail.com">carltontrailskiclub@gmail.com</a>
Equipment	Brian Grest	306-231-8284	<a href="mailto:carltontrailskiclub@gmail.com">carltontrailskiclub@gmail.com</a>
<b>Bunnyrabbit</b> Contact	Troy Gullacher	306-231-3934	<a href="mailto:tgullacher@live.com">tgullacher@live.com</a>
<b>Jackrabbit</b> Contact	Troy Gullacher	306-287-7000	<a href="mailto:tgullacher@live.com">tgullacher@live.com</a>
<b>Youth Adventure Club</b>	Elan Buan	306-231-4584	<a href="mailto:buan@sasktel.net">buan@sasktel.net</a>
<b>Ski <i>Fast!</i></b> Contact	Troy Gullacher	306-287-7000	<a href="mailto:tgullacher@live.com">tgullacher@live.com</a>
Trail Conditions (Dixon)	Kenton Flavel	306-231-6545 (evenings)	<a href="mailto:k.jflavel@icloud.com">k.jflavel@icloud.com</a>
	Glen Dobmeier	306-231-3277	-
Trail Conditions (Golf Course)	Jim Dartnell	306-231-0459	<a href="mailto:jdartnell@sasktel.net">jdartnell@sasktel.net</a>

**Website:** <https://carltontrailskiclub.weebly.com>

“Like” us on **Facebook** and follow us on **Twitter & Instagram**

# Skiers' Code of Ethics on the CTSC Trails

## (adapted from canadatrails.ca)

Some guidelines to follow on our CTSC trails to help make skiing a safe and pleasant experience for everyone:

- Always buy a daily trail pass if you don't have a membership. Your trail fee helps pay for grooming and maintenance of the trails. It also has legal and liability implications.
- When stopping, step off the trail to leave ample room for other skiers to pass.
- On double-tracked trails, ski single-file when there is other traffic who may be overtaking you.
- When a skier behind calls out "track," move to the right to give them room to pass. On a single-track trail, this means stepping off the trail (to the right) to let them pass (let them use the tracked trail).
- Avoid cutting off other skiers when entering trails or overtaking.
- Ski in the specified direction on one-way trails.
- Fill in sitzmarks after falling on trails.
- Pack out any garbage that you have brought with you. Leave nothing but tracks, take nothing but pictures.
- Avoid walking or snowshoeing on the groomed ski trails, as footprints decrease grip and glide and sometimes create a falling hazard. Find an alternate route if possible. If it's necessary to be on the groomed ski trail, walk or snowshoe on the extreme outer edges of the trail (never down the middle) and never on the cut grooves of a classic trail.
- Skate skiing on classic trails will similarly disrupt the grip and glide of classic skiers.
- Stick close to the trail--you may get lost or your tracks may lead other skiers astray.
- Respect private property. Some landowners are gracious enough to allow use of their land. Trespassers may cause this privilege to be revoked.



# Eleven Reasons to Enjoy Cross Country Skiing (and other activity) with the Carlton Trail Ski Club in 2023-2024

1. **SOCIAL DISTANCING.** Cross country skiing is an outdoor activity with plenty of room and opportunity for social distancing for those in want or need of social distancing.
2. **FUN.** Once you get out there, it's hard not to enjoy yourself.
3. **SOCIAL.** It can be extra fun (and motivating) when you're with others, and the Carlton Trail Ski Club (CTSC) facilitates a number of opportunities to get together with others through lessons, outings, and events.
4. **FITNESS.** Cross country skiing is the number one aerobic exercise. Skiing at a moderate pace, a 175-pound person can burn as many as 750 calories in an hour. Circulation improves. Blood pressure lowers. Every muscle group is used. It is low-impact. It is one of the best things you can do for your body.
5. Easy access to quality **FACILITIES.** CTSC grooms ski trails in Humboldt at the golf course. CTSC also grooms ski trails out at the Dixon site, 18 km NW of Humboldt. The Dixon site also has a clubhouse which is heated on weekends and manned on most weekends and holidays. There are also other great places not too far from Humboldt with groomed trails.
6. **ALL AGES.** People can start cross country skiing when they are two years old and continue into their nineties. One of Humboldt's regular skiers is in his late eighties. You can ski at your own pace and your skiing session can be as long (or short) as you choose.
7. **LIFETIME** activity. Cross country skiing is an activity you can continue to do indefinitely in your lifetime.
8. **EASY TO LEARN.** Cross country skiing is a lifetime sport that won't take a lifetime to learn. A lesson or two at a cross country ski area and you're off and gliding for the rest of your life.
9. **AFFORDABILITY.** Although people have to pay to use the CTSC (or other) trails and facilities, the CTSC fees are very affordable. Adult season memberships are \$72.00 and child/youth season memberships are \$42.00 for the first child and \$32.00 for each of the next children. Child and youth lessons are another \$35.00 for the season. Even the daily trail fee for non-members (\$10 adult \$5 18 and under at Dixon; \$5 golf course) is less than half the national average.  
CTSC has even removed the **cost of equipment** as an obstacle. CTSC lends equipment to its Members for the season for FREE (based on availability).  
Should you choose to buy newer, lighter, more advanced equipment, a person can get into a good used set for under \$200 if they look hard enough, or a good new set for under \$400. Think of it as an investment in your health and enjoyment.
10. **WINTER ACTIVITY.** Many people are more sedentary in the winter. Cross country skiing works for your mind and spirit, as well as your body. Here is a great way to get outdoors during the winter months.
11. **FAMILY.** Cross country skiing is a great way to engage the whole family in a healthy, fun, social activity. It can be part of family travel plans, or part of a romantic couple's getaway.