

Humboldt's **Carlton Trail Ski Club** presents

Try Cross Country Skiing

(AGES 10 and up)

Monday, Feb. 17, 2020

10:00 a.m. @ Carlton Trail Ski Club's Dixon Site

PRE-REGISTRATION appreciated (carltontrailskiclub@gmail.com)

If you've never been on cross country skis (or it's been a long time), come to our Dixon trails and give it a try! Carlton Trail Ski Club will provide you with the basic equipment (skis, boots, and poles) and a 45-minute lesson. If you can walk, sustain a gentle fall, and get back up, you can ski!

- **FREE**, but donations welcomed (our normal daily trail fee is \$5.00 for youth; \$10.00 for adults)
- **Ages 10 and up** only (we are limited in our small equipment)
- **ALL PARTICIPANTS MUST REGISTER** and **SIGN A WAIVER** before taking part. Participation in cross country skiing involves some degree of risk. **ALL PARTICIPANTS TAKE PART AT THEIR OWN RISK.**
- **Minors (under 16) must be accompanied by their parent/guardian** when they check-in at the registration table (to sign the waiver).
- Participants **must be able to withstand a gentle fall and must be able to get up on their own.**
- **Dress for the weather** conditions for that day (cold feet, cold hands, and cold heads are the most common complaints)
- Should you decide you like it a lot, feel free to join us later in the day for the "**Outdoor Family Fun Day**". We will be happy to lend you the equipment (if available) to do so for the rest of the day.
- The Dixon site has a **HEATED CLUBHOUSE**. There is no potable water, but we will have drinking water there for you. There is **NO INDOOR BATHROOM FACILITY** (there is an outhouse).
- **DIRECTIONS:** Our Dixon site is about 18 km NW of Humboldt. From Humboldt, go about 10km west on Hwy 5. Go PAST Dixon Road and instead take the NEXT grid (669) 1.6 km further (look for the blue "skier" sign). This is the road just before the Pioneer Inland Terminal (local knowledge – it is the grid road that was flooded over a few years ago). Turn right (north) and proceed 6.4 km. Here you will see power lines over the road and skis nailed to a sign. Turn left (west) and go 1.5 km. You cannot miss the clubhouse on your right. Map at our website:
- *For further information: carltontrailskiclub@gmail.com*

*Don't forget **Family Fun Day at Dixon** later this day (1:30-5:00).*